



OTTAWA-CARLETON  
DISTRICT SCHOOL BOARD

## Henry Larsen Elementary School

1750 Sunview Drive  
Ottawa, Ontario K1C 5B3  
Phone: 613-830-4634  
Student Absentee Line: 613-830-0244  
Fax: 613-830-4275



**Principal:** Amanda Pruner  
**Vice-Principal:** Dianne Morris  
**Office Administrator:** Rose Sharpe  
**Office Assistant:** Elizabeth Francis  
**Chief Custodian:** Geordie Jamieson

**Superintendent:** Mary Jane Farrish 613-596-8211 Ext. 8821  
**Trustee:** Sandra Schwartz 613-868-5249  
**School Council Co-Chairs:** Melody Currie and Billie Sabovich  
**School Council Email:** [sc-henrylarsenes@ocdsb.ca](mailto:sc-henrylarsenes@ocdsb.ca)  
**Twitter:** [@HenryLarsenE](https://twitter.com/HenryLarsenE)  
**Website:** <https://henrylarsenes.ocdsb.ca>

*“Through Caring and Sharing We Learn”*

**Here are the School Messenger emails that we have sent to families during the month of May, 2021:**

7 May 2021

### **Greetings Henry Larsen Families,**

Dianne and I are happy to report that we will continue to be the admin team at Henry Larsen for the 2021-2022 school year. With our returning OCV students and new registrations, we are growing! We are going from 15 homerooms this year to 18 next year.

Thank you for your continued support, flexibility and patience as we navigate our remote learning environment. Staff are working diligently to engage your child in this alternate setting. For our French Immersion families, this remote environment may also result in your child hearing more English, as our educators navigate and explain some activities in English to ensure students (and their parents/guardians who might be helping) understand what to do for the learning activity. As you know, our current situation does not replicate the in person experience despite the very best efforts put forth by our hardworking educators. If you have any questions about your child's programming, please do not hesitate to reach out to your child's teacher. Our office is open but with a reduced administrative staff to support the stay at home order. We may not always be able to get to the phone right away. Calls and emails to [henrylarsenes@ocdsb.ca](mailto:henrylarsenes@ocdsb.ca) are monitored closely and we will get back to you as soon as we can.

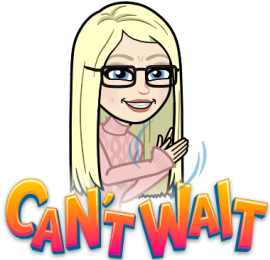

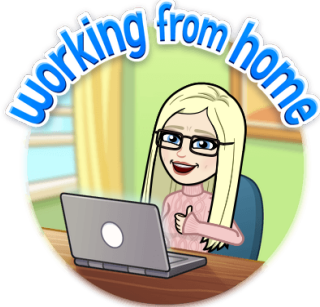



### **Education Week and Mental Health Week:**

This week was Education Week and Mental Health Week. Ask your child about our mini mental health challenges to keep ourselves mentally healthy that were shared on the announcements this week. Our theme for Education Week was #StrongerTogether. We are celebrating our learning that occurs both in person and during remote learning.

**Remote Learning:** Thank you for everything that you are doing to support your child with remote learning. We know none of this is easy. With remote learning comes a new set of social skills training

for students: Here is a visual reminder created by our own Mrs. Tinney to help students in this environment:

# GOOGLE MEET EXPECTATIONS

<p><b>Be on time</b></p> <ul style="list-style-type: none"><li>• Wake up early and eat beforehand.</li><li>• Check for announcements and emails.</li><li>• Log in a few minutes before class starts.</li></ul> 	<p><b>Find a quiet place</b></p> <ul style="list-style-type: none"><li>• Check to make sure there will be no disruptions from where you are working.</li><li>• Put away phone</li></ul> 	<p><b>Be presentable</b></p> <ul style="list-style-type: none"><li>• Wear clothes (not pjs!)</li><li>• Sit up at a table or desk.</li><li>• Be in camera view.</li></ul> 
<p><b>Come prepared</b></p> <p>Computer is charged. Camera is on. Use headphones if you need to. Have a notebook to write in.</p> 	<p><b>Say hello and then mute your microphone</b></p> <ul style="list-style-type: none"><li>• Mute yourself when someone else is talking.</li><li>• Raise hand for questions or use chat.</li><li>• Unmute when you are asked to.</li></ul> 	<p><b>Participate by being Attentive &amp; Respectful</b></p> <ul style="list-style-type: none"><li>• Speak clearly and look at your camera</li><li>• Stay focused &amp; on topic.</li><li>• Ask &amp; answer questions actively.</li><li>• Use appropriate language.</li></ul> 

**Ottawa's Favourite Crossing Guard Contest:**

Please consider nominating our own **Jillian Kimbell!!!** Jillian is a friendly addition to the front of our school who is outside rain or shine with a smile and calm professionalism that helps keep our students safe. Nominate Jillian today at <https://www.ottawasafetycouncil.ca/thankyou/> click on the "Thank your guard now" button to fill out the quick survey. Jillian Kimbell is our crossing guard at the corner of Sunview and Des Perdrix Crescent. For more information see the attached letter from the Ontario Safety Council.

**Police Involvement in Schools Community Survey:**

The OCDSB is holding a policy and practice review of the Police Involvement in Schools Policy. This includes a review of the School Resource Officer role in schools as well as a review of all activities that involve police in school that are identified as legally discretionary.

As part of this review, we invite you to complete our survey to share your views. The survey will take approximately 15-20 minutes to complete. Your responses are anonymous and confidential. Survey results will only be shared publicly in an aggregate format to ensure individual privacy and confidentiality is maintained.

[Complete the survey here](#)**NEW - Virtual group discussions for Indigenous students, parents, guardians and community members**

First Nations, Métis and Inuit students, parents, guardians and community members are invited to share their perspectives as part of the OCDSB review of police involvement in schools. A member of the Indigenous Education team together with the human rights and equity advisor will facilitate these virtual discussion groups.

**Parents and community members**

Date: **May 10, from 4:00-5:30** p.m. To register: [Click here](#)

**Have questions about the Police Involvement in Schools policy and practice review or want to share your opinion? [Learn more about the consultation](#)**

Contact us: [policeinvolvementconsultation@ocdsb.ca](mailto:policeinvolvementconsultation@ocdsb.ca)

**Summer Virtual International Language Classes: - [REGISTER NOW](#)**

The OCDSB is offering a variety of virtual international language classes for JK to Grade 8 students this summer. Languages offered include:

Albanian, Arabic, Bahasa Indonesia, Bengali, Cantonese, Chin, Dari, Greek, Hindi, Japanese, Kannada, Malayalam, Mandarin, Nepali, Persian (Farsi), Serbian, Sinhala, Somali, Spanish, Tagalog, Tamil, Turkish, Urdu, and Vietnamese.

**Reminder Virtual Scholastic Book Fair:**

We are having a spring book fair from May 3rd until May 14th.

**Free shipping from 6 - 8 pm on Wednesday, May 12th**



Please see this letter from Mrs. Dunn with more information: [Henry Larsen's Spring Virtual Book Fair May 3rd - 14th](#)

Here is [Henry Larsen's exclusive book fair link](#).



## **Celebrate:**

To all of our families who celebrated Orthodox Easter last weekend we hope you had a wonderful time and to all of our Moms and to those very special adults who take on the important role of parent/caretaker in our children's lives: We wish you a very special Mother's Day! Have a wonderful weekend and stay safe!

Amanda and Dianne

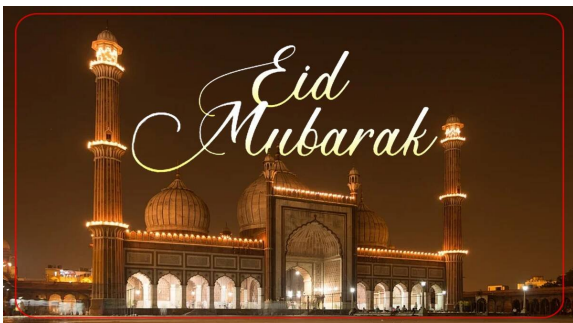
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14 May 2021

Greetings Henry Larsen Families,

Thank you for your continued support during this period of remote learning. We remain hopeful as we watch for public health and ministry direction on the potential reopening of schools. Staff continue to be creative and show their dedication to lifelong learning by trying out new apps and activities to increase student engagement online.

HAPPY EID to all of our families who celebrated yesterday.



### **Attendance Note:**

If your child is going to be absent for part of or all of the day after attendance is taken in the morning, please let your child's teacher know as this helps with planning and communication. Thank you!

### **Upcoming Dates:**

Victoria Day Holiday: Monday, May 24 - no school for students

P.A. Day: Friday, June 4 - no school for students

Next School Council Meeting: Wednesday, June 2 at 7:00 pm - All are welcome!

We hope that you are able to enjoy the sunshine this weekend!

Take care,

Amanda and Dianne

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21 May 2021

Greetings Henry Larsen Families,

**Happy News:**

The new OCDSB Pride Flag has just been approved to fly outside on the flagpole at all OCDSB schools and buildings for the entire month of June. The Indigenous, Equity and Human Rights Division is pleased to announce that we have a new OCDSB Pride flag that will be flown outside at all schools and administrative buildings to recognize Pride Month for the month of June each year (June 1 - June 30 inclusive).



*The [Progress Pride Flag](#) design was created by Daniel Quasar in 2018. The Progress Pride Flag features black and brown stripes to represent people of colour, and baby blue, pink and white to include the trans flag in its design.*

June is recognized internationally as Pride Month to honour the struggles and celebrate 2SLGBTQ+ cultures, identities and communities. By flying the OCDSB Pride Flag, OCDSB is reaffirming its values and commitment to creating and sustaining a culture of caring where 2SLGBTQ+ students, families and staff matter and are welcome, seen and represented at OCDSB. It is an important statement. Recognizing and embedding a culture of caring for 2SLGBTQ+ students, families and staff members does not end with simply flying the OCDSB Pride Flag during Pride Month.

**Black Student and Family Advocate:** Please see attached for more info!

**Mental Health:**

A reminder about the website <https://www.counsellingconnect.org/>, where you can access same-day or next day phone or video counselling for yourself or a family member. We know that these are challenging times, so please reach out to these resources when needed.

**OCDSB 2021 Summer School for Grades 6-12 Students - Registration is Open:**

The Grade 6-8 and Grade 9-12 Summer School Programs for 2021 are open for registration until June 24. Learn more at [www.summerschoolinottawa.com](http://www.summerschoolinottawa.com).

In July 2021, Continuing Education will offer academic programs for grade 6, 7 and 8 students that address specific student needs. To be able to register for either "Review and Reinforcement" for

grades 6-8 students or “Getting Ready for Grade 9” for grade 8 students, students must be recommended by their school for these programs. Please see the following link for additional information about each program: [Summer School Grades 6, 7 & 8](#).

Over the past weeks, teachers have been contacting the parents and guardians of students in grade 6, 7 and 8 that they would like to recommend for these summer learning programs. If you have not been contacted and would like to register your child for one of the programs described on the above webpage, please contact your child’s teacher.

**Summer Virtual International Language Classes for K-8 Students:**

[Visit the OCDSB website](#) for a full list of classes offered and registration information.

**Reach Ahead Credit Courses for Grade 8 Students:**

Reminder of the information sent home in our April 9th email: please email your child’s teacher for links to register for either option 1 or option 2 (the links are different, so please be specific in which option you are choosing!).

Students may only enroll in *one* Summer School course of any kind (i.e., one Virtual Reach Ahead course or one eLearning course). There are two options for Reach Ahead Courses:

**Option 1:**

[Virtual Reach Ahead Credit Program](#) (both synchronous and asynchronous learning)

**Program duration:** June 30 - July 23, 2021 (no classes on July 1)

**Registration dates:** April 6 - June 24, 2021

*A variety of Grade 9-12 credit courses are available for students who wish to acquire an extra credit towards their diploma, or who successfully completed a course but want to upgrade their mark.*

*Students will login and participate in both synchronous and asynchronous learning throughout the school day. For more information please visit the [Virtual Credit Program \(Reach Ahead\)](#) page.*

**Option 2:**

[eLearning Program](#) (asynchronous learning only)

**Program duration:** June 29 - July 28, 2021

**Registration dates:** April 6 - June 24, 2021

*A variety of Grade 9-12 credit courses, delivered asynchronously. Each course is facilitated by a teacher who controls the timing of the course to encourage collaboration and enable effective feedback. For more information please visit the [Summer eLearning](#) page.*

**From OSTA: Calling all OCDSB and OCSB Students Grade K-12!**

June 11 is OSTA’s **Virtual Driver Appreciation Day**, a day in which we recognize and thank our many dedicated drivers and walking school bus (WSB) leaders for getting students to and from school every day. This year has been an especially difficult year and we commend all yellow bus, wheelchair bus, van drivers, and walking school bus (WSB) leaders who have gone above and beyond their duties to ensure children in our city had access to education. Help us recognize all drivers and WSB leaders this year, by sharing your thanks with us so your yellow bus, wheelchair bus, van driver or walking school bus (WSB) leader gets the recognition they deserve!

**Create a Thank You card and post a photo of your card to Facebook or Twitter using the hashtag: #OSTADriverAppreciation or upload it to:**

<http://www.surveymonkey.com/r/DriverAppreciationDay>

For full instructions on how to submit your artwork visit: <https://bit.ly/2RNfWKB>

**Important Dates:**

Monday, May 24th - Holiday Monday - no school

Wednesday, May 26th - MONDAY schedule

Friday, June 4th - P.A. Day - no school for students

Wednesday, June 2nd - School Council Meeting via Google Meet at 7 pm (link sent via School Messenger email June 2nd in the morning)

Thursday, June 3rd - School Council Speakers Series - more information to come

Thursday, June 3rd - FRIDAY Schedule

Monday, June 21st - National Indigenous People's Day

Wednesday, June 23rd - Report Cards sent home

Friday, June 25th - last day of school

Enjoy the fantastic weather and the long weekend!

Be Safe and Take Care,  
Amanda and Dianne

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28 May 2021

Greetings Henry Larsen Families,

Thank you for your continued support as we continue to navigate the online learning environment. We continue to be impressed with the creativity we see from both the students and staff. Way to go Huskies!

**Important Report Card Information:**

**You will need your child's Ontario Education Number (OEN).** If you do not know your child's OEN, it can be found on a previous year's paper report card, or by logging in to the [Report Card Portal](#) that was used for the January report card. You can also contact your child's teacher, call the school and leave a message, or email [henrylarsenes@ocdsb.ca](mailto:henrylarsenes@ocdsb.ca) and we will be happy to help you.

**Your child's report card will be emailed to you via School Messenger at the end of June.** If you do not receive School Messenger emails from the school and/or the school board, please log in to [School Messenger](#) on the [Parent Portal](#) and make sure that your settings allow you to receive email messages from the school and school board.

**Reminder:** For our morning announcements, we continue to look for input from students! If students have a thought of the day, a kindness action, a mindfulness idea, an earth tip, or some learning that they would like to share, an audio or video recording in French or English can be used for our daily livestream of the announcements. Please send it through the classroom teacher and keep it to approximately 30 seconds. We look forward to hearing more students' voices! (Note: our livestream is not recorded in any way, and is only available to our students and staff.)

**Indigenous Students Vaccination Clinic:**

Indigenous Students at OCDSB can be booked at a youth specific clinic at Rideau High for May 31 or June 6 for their first dose. Please call 613-691-5505 and press 1 twice for the Indigenous booking and let them know you are calling for the Youth Clinic. Spaces are still available for both days. If families

don't have status you can provide them with a letter saying they identify as Indigenous or they can email Nathalie Lloyd at Wabano - [nlloyd@wabano.com](mailto:nlloyd@wabano.com).

**Black Student and Family Advocate (SFA)**, Centre for Resilience & Social Development (CRSD)  
*Funded under the Ontario Black Youth Action Plan (BYAP) Student and Family Advocates Initiative (SFA), the SFA will design, develop and deliver the highly-targeted, community-based and culturally relevant advocacy supports, tailored to the needs of Black students and families in Ottawa.*

*The aim is to provide a collaborative approach to student and family advocacy by empowering Black parents and students through civic engagement and cultural brokering. This will be achieved through advocacy, supports and referrals, mentorship, knowledge-building for parents and students and culturally specific relationship building.*

*CRSD's SFA will deliver the services to Black youth between the ages 6-25 and their families who seek interventions to meet their educational and career/life goals.*

**Contact information:**

Sabrina Teklab, Student and Family Advocate- CRSD

C: 613.406-2833

E-mail: [sabrina@thecrsd.org](mailto:sabrina@thecrsd.org)

Best reached by email.

**Gender Identity and Supports with the OCDSB Webinar for Parents and Guardians on June 1st.**

[https://www.ocdsb.ca/news/webinar\\_for\\_parents\\_and\\_guardians](https://www.ocdsb.ca/news/webinar_for_parents_and_guardians)

**IMPORTANT - Planning for School Transportation 2021-2022:**

OSTA Staff is working diligently to prepare for a number of transportation scenarios for September 2021. This requires accurate student data from families:

- Address changes, home or daycare, entered/removed at the school as soon as the information is received
- Transportation to two homes for students in a joint custody arrangement (see below in red)
- Confirmed [Opting out of transportation](#)

**Requests for Accessible Transportation/Special Apparatus, as soon as possible**  
**Students transferring between Virtual School and In-Person Attendance as soon as possible**

**In particular, we draw your attention to the following deadlines:**

**-New/changed applications and schedules for [transportation to two homes June 1](#)**

**-Renewals of [transportation to two homes June 30](#)**

-Driver Appreciation Day Cards June 11

-Safety Poster and Writing Competition June 25

**If you have any questions or updated information about your child's transportation please contact the school immediately at [henrylarsenes@ocdsb.ca](mailto:henrylarsenes@ocdsb.ca) or call and leave a message at 613-830-4634.**



### **OSTA Safety Poster and Writing Competition (from OSTA):**

Last year's poster and writing competition was a huge success, and that's why we are rerunning it this year! OSTA wants to know how you stay safe on your way to school! Share your story, poem or artwork, and you could win a prize!! The deadline for submissions is June 25, 2021. For more information and the full contest rules, please visit our website: <https://bit.ly/3hZhADM>.

### **A Message from the Somali Centre for Family Services:**

Hello Community Partners:

I would like to re-introduce our SNAP program and services to you. My name is Kahmaria Pingue, and I am a Manager and SNAP Child and family Worker with the Somali Centre for Family Services. It is possible that we may have crossed paths in community virtual meetings in the past year, however, I wanted to take the time to relay more details in order for you to refer children and families in need of our counselling services.

During the pandemic we have seen an increase of stress levels in both children and parents. The SNAP Program is ready to assist by equipping children and parents with evidence-based coping strategies. Our 13 week, age /gender-specific group counselling programs are now offered virtually. We also offer culturally responsive, individual and family counselling for children experiencing mental health challenges such as anxiety, depression, and behavioural dysregulation.

School advocacy and working collaboratively with teachers and administration are also our priority to ensure the best possible outcomes for students, while decreasing incidences of school suspensions and other disciplinary actions.

Our SNAP information can be found at [this link](#). Contact Information:

Office: (613) 526-2075 (SNAP Supervisor, Stella Mona) ext 250, or (Kahmaria) ext 253

Thank you for your time and stay safe;

Kahmaria

**Kahmaria Pingue BA (Psych), M.A.Ed**

**Manager of Operations**

**SNAP Program**

**Somali Centre for Family Services**

**1729 Bank Street, Suite 200**

**Ottawa, ON, K1V 7Z4**

**(613) 526-2075 ext 253**

[www.scfsottawa.org](http://www.scfsottawa.org)

### **Important Dates:**

Friday, June 4th - P.A. Day - no school for students

Wednesday, June 2nd - School Council Meeting via Google Meet at 7 pm (link sent via School Messenger email June 2nd in the morning)

Thursday, June 3rd - School Council Speakers Series - Social Media and Your Kids ([link to register is here](#))

Thursday, June 3rd - FRIDAY Schedule

Monday, June 21st - National Indigenous People's Day

Wednesday, June 23rd - Report Cards sent home via School Messenger email

Friday, June 25th - last day of school

We hope that you have a wonderful weekend, and that you are able to enjoy the cooler spring weather!

Take care,

Amanda and Dianne